

Charity No. 1141274
and Registered
Company No.
7517828



COMMUNITY
CHAMPIONS

VASL
INCLUDE • INVOLVE • ENRICH

May Community Gathering



Client Newsletter June 2025

Get in Touch...

Rohini, Jenny and Alison

Mon - Thurs 9am - 5pm, Fri till 4.30pm.

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Torch House, Torch Way, MH, LE16 9HL

22 clients, volunteers and CC staff met at the Market Harborough Golf Club on a hot afternoon for our usual tea/coffee and cake and social catch up.

It was lovely to see the golfers on the greens. People chatted about family news, health updates, haircuts, V.E Day local events and television coverage and the heat !

Rohini gave short notices and explained that VASL had won a trophy for raising the most money of any team participating in the SwiMarathon.

Carol commented on her first CG " Everyone is so welcoming and friendly – I really enjoyed the afternoon, thanks."

June / July Community Champions project events

Date	Event	Details
Mon 9 June, 10.30am-12 noon	Lutterworth Library Digital Session	Call to book. No transport.
Tues 17 June at 11am (every 3rd Tues)	Walk and Talk + dogs Lutterworth Rec, off Coventry Rd, LE17 4RF	Led by Volunteer, Cate. All abilities. Dogs welcome. No transport. Meet next to the rec car park.
Weds 18 June 2-3.15pm	Community Gathering at Buttercups Tearoom, near Billesdon	Call to book by Wednesday 11th June. Transport available.
Weds 25 June, 2-4pm at Torch House	'Evergreen' discussion session on creating a dementia friendly society	Call to book. Transport available.
Tues 1 July at 11am	Tea and chat at Louisa's Place, St Mary's Road, Mkt Harborough	Volunteer led, no transport, buy own refreshments.
Weds 2 July at 10.30am	Beanies Coffee morning Wycliffe Rooms, George St, Lutterworth LE17 4ED	Led by volunteer Dawn. No transport, buy own refreshments.
Weds 2nd July 10.30am-12 noon	Mkt Harborough Library Digital session	Call to book appointment. No transport.
Thurs 3 July at 1pm. Meet at Welland Park Café.	Walk & Talk & dogs. Welland Park, MH, LE16 9DR	Led by volunteers, Alan & Kath. For all abilities, dogs welcome. No transport.

This newsletter can be provided in alternative formats/languages, simply contact us to request your alternative.

Volunteers Week

National Volunteers' Week was last week (2-8th June) and we were only too happy to help celebrate our wonderful volunteers and the help, kindness and support they bring to our clients. Each of our CC volunteers received a thank you card in the post and a special afternoon tea, generously sponsored by Market Harborough Rotary Club, was held for our befriending and digital volunteers. Rohini, project manager for CC explained "every aspect of the CC project is reliant on our volunteers. Without them, projects like CC wouldn't exist and we are so very grateful for the joy and kindness they bring to our clients each week."



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Lutterworth Health Fest!



Healthfest Lutterworth saw over 1000 attend a very well planned day for the local community. There were lots of charities and local support groups on

hand. The NHS were there offering vaccinations and advice along with talks and demonstrations supporting health and wellbeing in the main hall.

CC Digital volunteer Linda S spent the whole day at the VASL stand for the Healthfest event and many of the attendees asked about VASL and its projects. A huge **Thank You to Linda** for being such a fantastic volunteer and a great ambassador for the project.

Hastings Direct Befriending Project

6 CC clients are receiving weekly telephone calls from staff at



Hastings Direct – so far feedback has been good from both sides.

"What a choice of a phone a friend, C was terrific, We had so much to talk about, I didn't want the conversation to stop, I hope all of the others have been as lucky as me. Thank you Rohini and Jenny for matching me so well".

"I talked to F for an hour about his previous jobs, family, interests and it was great. He made my day".

These calls will continue for a total of 12 weeks. It is fantastic that they bring joy to both parties.

Other community events

50s group, Harborough Community Church: Over 50's Tea in the Afternoon at the café. No charge. 2.30-4.30pm on the second Wednesday each month, call **01858 434906**.

Community Café at Harborough Leisure Centre every Thursday from 12-2pm, call **01858 410115** for info.

Canal-side walks from MH basin with the Canals & Rivers Trust. Various dates. Call **07795 057198** for more info and to book.

Friendship Café at Oat Hill Mews Care Home (near St Luke's), first Friday of the month, 10.30am-12, call **01858 894558**.

Equality, Diversity and Inclusion

The month of June has a strong focus on inclusion and challenging prejudice. June is Pride Month, celebrating the LGBTQ+ community. It also sees Roma, Gypsy and Traveller month, recognising and educating us about the travelling community.



**FRIENDS,
FAMILIES &
TRAVELLERS**