

Charity No. 1141274
and Registered
Company No.
7517828



June Community Gathering

On a sweltering afternoon, 24 CC clients, volunteers and staff met at Buttercups Tearoom near Billesdon for delicious cake and chat. Topics of conversation included how to cope with the heat, gardens, sport, family and health news. People went outside to enjoy the sunshine and rolling Leicestershire countryside and watch the alpacas and goats. Rohini gave short notices about learning

sessions, new community connection spaces (e.g. Friendship Park, Oddfellows Society) and funding. She thanked all the volunteers who helped make the event a success. We were delighted that two new clients were able to join us: "thank you for a superb afternoon, I really appreciate you driving me here and everyone has been so friendly. I will definitely be coming back"



July/August Community Champions project events

Date	Event	Details
Mon 14 July and Mon 11 August 10.30am-12 noon	Lutterworth Library Digital Sessions	Call to book. No transport.
Tues 15 July at 11am (every 3rd Tues)	Walk and Talk + dogs Lutterworth Rec, off Coventry Rd, LE17 4RF	Led by Volunteer, Cate. All abilities. Dogs welcome. No transport. Meet next to the rec car park.
Tues 15 July 2-3.15pm	Community Gathering at Lutterworth Golf Club, Rugby Road, Lutterworth, LE17 4HN	Call to book by Tuesday 8th July. Transport available.
Weds 23 July 10am-12, Torch House	Evergreen learning session 'Life in the Seychelles', photos, slides and a talk with Steve Hare.	Call to book. Transport available.
Tues 5 August at 11am	Tea and chat at Louisa's Place, St Mary's Road, Mkt Harborough	Volunteer led, no transport, buy own refreshments.
Weds 6 August at 10.30am	Beanies Coffee morning Wycliffe Rooms, George St, Lutterworth LE17 4ED	Led by volunteer Dawn. No transport, buy own refreshments.
Weds 6 August 10.30am-12 noon	Mkt Harborough Library Digital session	Call to book appointment. No transport.
Thurs 7 August at 1pm.	Walk & Talk & dogs. Welland Park, MH, LE16 9DR	Led by volunteers, Alan & Kath. For all abilities, dogs welcome. No transport.

Holiday at Home 4th – 8th August 2025

A week of entertainment and activities for seniors. From 9.30am til 1.30pm at the Methodist Church, Mkt Harborough. Lunch, tea, coffee and biscuits included. £7.50 per day, £10 for Friday. Transport available. Ring 01858 410878 to book. Leave message if no reply.

Try something new: Chatty Café

Mercado Lounge on Abbey Street, Market Harborough, is delighted to have signed up to the nationwide Chatty Café Scheme. A Chatty Café Table will be set up every Wednesday from 10am to 12 Noon. Complimentary Tea and Coffee available. Chatting over a tea or coffee is a great way to connect and make new friends or just enjoy a few minutes in the company of others. If you are not a great chatter just come along and listen. Trained volunteer, Maureen, will be there to welcome you to the chatty table each week". CC hopes to become more involved with the scheme ASAP - watch this space!"



Try something new: Oddfellows

Leicester Oddfellows has launched



the ODDFELLOWS SINCE 1810
making friends, helping people

a new group in Market Harborough so residents can get together with other friendly locals. Meeting at the MH Conservative Club on the second Thursday of each month between 2-4pm, all are welcome. The not-for-profit mutual society is bringing the meet-up to MH following similar popular initiatives in Leicester, Whetstone and Coalville. Leicester Oddfellows also organises a range of other events, such as talks, games, quizzes, lunches and day trips and its members can make use of a range of benefits, including care and welfare support. To find out more visit: www.oddfellows.co.uk or contact Jo Brown on 0116 254 3106.

Paying to use the internet

If you are on Pension Credit you could get cheaper access to the internet, from £10 per month.

<https://www.fasterbroadband.co.uk/social-broadband-tariffs>

If you want some help with this call us on the usual number.

Dementia-friendly learning event

Nine CC members, clients, volunteers and staff, joined Julie for a



fascinating interactive learning session about how we can support people with dementia. We learnt what dementia is, about the different types, and how it affects the brain, changing people's perceptions. We also discussed how to focus on the person rather than the dementia, the stigma associated with it and key messages to share with family and friends. All engaged with the activities, shared stories and asked Julie questions. For three clients and a volunteer it was the first time they had come to a learning session and all vowed to return - "this has been brilliant - I have learnt so much and everyone was friendly" "Julie was so good - really clear" "I am going away with so much useful information, thank you".

Why don't you join us at the next one? See front for details.



Equality, diversity & Inclusion

July sees South Asian Heritage month. Founded in the UK, this explores the history, culture, and contributions of South Asian communities in Britain.

www.southasianheritage.org.uk

